

### **Day 3 Itinerary Options**

Riders begin in Franklin with two options. One is to pedal to Belmar and continue to Van or Fisherman's Cove; riders to Van will enjoy the view from seven bridges and cool off in the Rockland Tunnel. The second option is to rent a kayak or canoe from OARS in Franklin and float down the Allegheny River to Fisherman's Cove where bikes will be waiting for the return trip to Franklin.

At the picnic area near Belmar Bridge, riders will enjoy the insights of a naturalist as well as delve into the history of the Oil Region with a local historian. Lunch will be made available at the west end of Belmar Bridge. Riders can then complete the easy 5-mile jaunt back to Franklin to complete the Cycling Classic.